

# Kitten Grooming

## Grooming and Handling your Kitten

Getting your kitten used to being groomed and handled will ensure that any veterinary appointments, grooming appointments, or even regular interactions with people will be pleasant.

The more you expose your kitten to being handled, the more at ease he or she will feel. Get your kitten used to having their paws touched (makes nail trims easier), their mouth and gums touched (makes tooth brushing possible or oral examinations for the vet easier). Remember to always keep your sessions positive, praising your kitten as you go along.



Introducing your kitten to grooming and handling is an essential step to creating pleasant, positive experiences not only in the veterinary clinic, but at home as well!

## Your Kitten's Grooming Needs

Depending on the hair type of your kitten, the grooming needs will vary. Long haired coats will require more frequent brushing and combing.

Brushing your kitten helps remove any excess hair and dead skin cells. This also helps minimize the occurrence of hairballs for your kitten, as you removing much of the surplus hair.

Because they are naturally very clean creatures, kittens and cats do not frequently require baths.

## Caring for Teeth

Many cats will allow their teeth to be brushed. Handling your kitten's mouth and teeth when they are young will help them accept daily brushing, which is the most effective way to prevention dental disease.



# Your Kitten's Activities

## Exercise

Exercise is essential for your kitten's well-being. Favourite exercises are those which allow your kitten to climb, perch, jump, sharpen claws and play with toys.

## Perches

Your kitten will love being up high. Providing safe places to perch on will help keep your kitten happy and entertained.

- 🐾 Exercise can keep your kitten away from destructive activities
- 🐾 On average, adult cats sleep 16 hours a day

## Play

Playing is a major part of your kitten's socialization. Playing encourages exploration of your kitten's surroundings and develops physical capabilities. Playing and hunting are two closely related activities; a toy is often identified as prey.

